Heidi M. Mettler, MS, CCC-SLP

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Speech, Language, and Hearing Sciences
University of Arizona, Tucson, AZ 85721

Updated: October 2022

EDUCATION

2017 - present PhD in Speech, Language, and Hearing Sciences, minor in Cognitive Science

University of Arizona (Tucson, AZ)

Dissertation topic: The Role of Cognitive Skills in Young Children's Statistical Learning Outcomes Committee: Mary Alt, PhD, CCC-SLP (chair); Elena Plante, PhD, CCC-SLP; Leah Kapa, PhD Comprehensive exams passed Spring 2019

During the 2019-2020 school year, I completed a clinical fellowship in the Tucson Unified School District.

2015 – 2017 MS in Speech, Language, and Hearing Sciences

University of Arizona (Tucson, AZ)

Master's thesis: The Relationship Between Phonological Working Memory and Sentence

Production in School-Age Children Advisor: Mary Alt, PhD, CCC-SLP

2008 – 2012 BA Linguistics, BA Psychology, minor in Spanish (summa cum laude)

University of Southern California (Los Angeles, CA)

Directed Research: Investigating Children's and Adults' Narratives

Advisor: Elsi Kaiser, PhD

PEER-REVIEWED PUBLICATIONS

- **Mettler, H. M.,** Neiling, S. L., Figueroa, C. R., Evans-Reitz, N., & Alt, M. (in press). Vocabulary Acquisition and Usage for Late Talkers: The feasibility of a remote caregiver-implemented model. *Journal of Speech, Language, and Hearing Research*.
- **Mettler, H. M.,** Alt, M., Gray, S., Hogan, T., Green, S., & Cowan, N. (2022). The relationship between phonological working memory and sentence production in school-age children with typical language, dyslexia, and comorbid dyslexia and developmental language disorder. *Journal of Child Language*, 1-35. https://doi.org/10.1017/S0305000922000435
- Kapa, L. L., & **Mettler, H. M.** (2021). Language and executive function in preschoolers with DLD: The role of self-directed speech. *Perspectives of the ASHA Special Interest Groups*. https://doi.org/10.1044/2021 PERSP-21-00010
- Alt, M., Figueroa, C. R., **Mettler, H. M.**, Evans-Reitz, N., & Erikson, J. A. (2021). A Vocabulary Acquisition and Usage for Late Talkers (VAULT) treatment efficacy study: The effect of input utterance length and identification of responder profiles. *Journal of Speech, Language, and Hearing Research, 64,* 1235-1255. https://doi.org/10.1044/2020 JSLHR-20-00525
- Alt, M., **Mettler, H. M.**, Erikson, J. A., Figueroa, C. R., Etters-Thomas, S. E., Arizmendi, G. D., & Oglivie, T. (2020). Exploring input parameters in an expressive vocabulary treatment with late talkers. *Journal of Speech, Language, and Hearing Research*, *63*(1), 1-18. https://doi.org/10.1044/2019 JSLHR-19-00219
- Plante, E., **Mettler, H. M.**, Tucci, A., & Vance, R. (2019). Maximizing treatment efficiency in developmental language disorder: Positive effects in half the time. *American Journal of Speech-Language Pathology, 28,* 1233-1247. https://doi.org/10.1044/2019 AJSLP-18-0285
- DiLallo, J., **Mettler, H.**, & DeDe, G. (2017). Corpus-based transitivity biases in individuals with aphasia. *Aphasiology,* 31(4), 447-464. https://doi.org/10.1080/02687038.2016.1271105

MANUSCRIPTS IN PREPARATION

- Alt, M., **Mettler, H. M.,** Figueroa, C. R., Evans-Reitz, N., Burton, R. (2022). A Vocabulary Acquisition and Usage for Late Talkers (VAULT) treatment efficacy study: The effect of physical and activity variability on learning unknown words. Manuscript in preparation.
- Sweeney, L., Plante E., **Mettler, H. M.**, & Hall, J. (2022). Less vs. more: The effect of recast length in treatment of grammatical errors. Manuscript in preparation.

PEER-REVIEWED PRESENTATIONS

- Sweeney, L., Plante, E., Mettler, H. M., Vance, R., & Tucci, A. (2022, June). Is less really more? The impact of clinician recast length on treatment gains. [Poster presentation]. Symposium on Research in Child Language Disorders, Madison, WI.
- Mettler, H. M., & Kapa, L. L. (2021, November). Self-directed speech produced by preschoolers with developmental language disorder during executive function tasks [Virtual poster presentation]. American Speech-Language-Hearing Association Convention, Washington, D.C.
- Mettler, H. M., Neiling, S. L., Figueroa, C. R., Evans-Reitz, N., & Alt, M. (2021, August). The feasibility of translating an expressive vocabulary treatment for late-talking toddlers to a caregiver-implemented model [Virtual poster presentation]. Late Talker Workshop 2021, University of Warwick, England.
- Mettler, H. M., Neiling, S. L., Figueroa, C. R., Evans-Reitz, N., & Alt, M. (2021, June). The feasibility of translating an expressive vocabulary treatment for late-talking toddlers to a caregiver-implemented model [Virtual poster presentation]. Symposium on Research in Child Language Disorders, Madison, WI.
- Mettler, H., Alt, M., Gray, S., Hogan, T., Green, S., & Cowan, N. (2017, June). The relationship between phonological working memory and sentence production in school-age children [Poster presentation]. Symposium on Research in Child Language Disorders, Madison, WI.
- DiLallo, J., Mettler, H., & DeDe, G. (2015, November). A corpus-based analysis of verb transitivity biases in individuals with aphasia [Oral presentation]. American Speech-Language-Hearing Association Convention, Denver, CO.

NON-PEER-REVIEWED PRESENTATIONS

- Mettler, H. (2021, December), Dissertation prospectus: The contribution of attention, working memory, and variability to statistical learning in preschool-age children [Oral presentation]. University of Arizona Speech, Language, and Hearing Sciences Departmental Colloquium, Tucson, AZ.
- Mettler, H., Alt, M., Gray, S., Hogan, T., Green, S., & Cowan, N. (2017, May). The relationship between phonological working memory and sentence production in school-age children [Oral presentation]. University of Arizona Speech, Language, and Hearing Sciences Departmental Colloquium, Tucson, AZ.
- Mettler, H. (2012, April). Investigating children's and adults' narratives [Poster presentation]. University of Southern California Undergraduate Research Symposium, Los Angeles, CA.

RESEARCH EXPERIENCE

2017 present Project Coordinator. Language, Learning, Literacy, and Lexicon (L4) Lab.

Director: Mary Alt, PhD, CCC-SLP. Speech, Language, and Hearing Sciences, University of Arizona. Coordinate studies funded by a National Institutes of Health grant examining the parameters of a

vocabulary intervention for late-talking toddlers. Duties include participant recruitment and screening, data collection and analysis, supervising undergraduate and master's students, and dissemination of research findings. Also supported the creation and implementation of a fully remote version of the intervention centering on caregiver training. Also supported data collection for multi-site project investigating working memory and academic achievement in school-age children with and without language-based learning disorders.

Summers

Graduate research assistant. Plante Lab.

2018, 2021

Director: Elena Plante, PhD, CCC-SLP. Speech, Language, and Hearing Sciences, University of Arizona Supported intervention research studies funded by a National Institutes of Health grant examining the parameters of grammar intervention for preschoolers with developmental language disorder. Duties included supporting data collection, providing research-based language intervention as a clinician, supervising undergraduate and graduate students, data analysis, and dissemination of findings.

Fall 2020 -

Graduate researcher. Language and Cognition Lab.

2021

Director: Leah Kapa, PhD. Speech, Language, and Hearing Sciences, University of Arizona. Assisted with dissemination of research findings by co-authoring a manuscript on self-directed speech and executive functioning in preschool children with developmental language disorder.

Fall 2018

Graduate researcher. Language and Neuroimaging Research Lab.

Director: Aneta Kielar, PhD. Speech, Language, and Hearing Sciences, University of Arizona Supported data collection for neuroimaging study with typical adults and adults with acquired language disorders. Main duties included conducting sessions using electroencephalography and completing language assessments with participants.

2016 – 2017 Graduate researcher. Language, Learning, Literacy, and Lexicon (L4) Lab.

Director: Mary Alt, PhD, CCC-SLP. Speech, Language, and Hearing Sciences, University of Arizona Completed data collection, data analysis, and dissemination of findings for a post-hoc study on working memory and sentence production in school-age children.

2014 – 2015 Lab Manager. Speech, Language, and Brain Lab.

Director: Gayle DeDe, PhD, CCC-SLP. Speech, Language, and Hearing Sciences, University of Arizona Coordinated studies examining language and cognition in adults with and without acquired language disorders. Completed eye-tracking sessions and assessments of language and cognition. Duties included participant recruitment and screening, data collection, dissemination of findings, and creation of experimental tasks using E-Prime.

2011 – 2012 Undergraduate research assistant. Language Processing Lab.

Director: Elsi Kaiser, PhD. Linguistics Department, University of Southern California

Supported data collection for eye tracking and behavioral studies examining language and perception in college-age students. Conducted supervised eye tracking sessions as well as computer and activity-based language tasks. Transcribed and coded language data for semantic coherence and pronoun use. Completed corpus-based analysis of temporal and causal cohesive markers in children's narratives and disseminated these findings.

2010 **Undergraduate research assistant.** Language Development Lab.

Director: Toben Mintz, PhD. Psychology Department, University of Southern California

Supported data collection for behavioral speech perception studies with 7- to 15-month-old infants. Conducted supervised sessions using head turn preference procedure. Other duties included participant recruitment, screening, and scheduling, and supporting development of new experiments.

TEACHING EXPERIENCE

MAIN INSTRUCTOR

Summer 2022 Course: Language Science (upper division undergraduate, 10 students)

Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Modality: Online, synchronous

Summer 2021 Course: Language Science (upper division undergraduate, 8 students)

Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Modality: Online, synchronous

Spring 2021 Course: Language Development (upper division undergraduate, 65 students)

Location: California State University, Chico; Department of Communication Sciences and Disorders

Modality: Online, synchronous

Summer 2018 Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Course: Language Science (upper division undergraduate, 8 students)

Modality: In-person, traditional classroom

GUEST LECTURER

Oct. 2021 Topic: Language Disorders in Children

Course: Survey of Human Communication and Its Disorders (lower division undergraduate, 65

students)

Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Modality: In-person, collaborative learning space

Feb. 2019 Topic: Principles of Statistical Learning

Course: Developmental Language Disorders-School Age (graduate, 30 students)

Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Modality: In-person, traditional classroom

Oct. 2018 Topic: Bilingualism in Children

Course: Survey of Human Communication and Its Disorders (lower division undergraduate, 65

students)

Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Modality: In-person, collaborative learning space

Oct. 2018 Topic: Autism Spectrum Disorder

Course: Survey of Human Communication and Its Disorders (lower division undergraduate, 65

students)

Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Modality: In-person, collaborative learning space

Oct. 2018 Topic: Language Disorders in Children

Course: Survey of Human Communication and Its Disorders (lower division undergraduate, 65

students)

Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Modality: In-person, collaborative learning space

Oct. 2017 Topic: Language Disorders in Children

Course: Survey of Human Communication and Its Disorders (lower division undergraduate, 100

students)

Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Modality: In-person, traditional classroom

GRADUATE TEACHING ASSISTANT

Spring 2016, Course: Language Acquisition (mixed undergraduate and graduate, 60-90 students)

-17, -18 Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Main instructor: Mary Alt, PhD, CCC-SLP

Modality: In-person, collaborative learning space

Fall 2015, -16, Course: Survey of Human Communication and Its Disorders (lower division undergraduate, 60-120

-17, -18 students

Location: University of Arizona; Department of Speech, Language, and Hearing Sciences

Main instructors: Andrew Demarco, PhD, CCC-SLP (2015-16), Pélagie Beeson, PhD, CCC-SLP

(2017-18)

Modality: In-person, traditional classroom ('15-'17) and collaborative learning space ('18)

PROFESSIONAL DEVELOPMENT

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2022 (Sep. – present)	ASHA Mentoring Academic-Research Careers (MARC) mentee; Mentor: Hope Lancaster, PhD
2022 (Fall)	Inclusive STEM Teaching Project, national massive open online course
2022 (Fall)	University of Arizona Inclusive STEM Teaching Project Learning Community [Virtual]
2022 (Sep.)	Grunewald Blitz Workshop – Speech Sound Disorders: Basic and Complex; Department of Speech, Language, and Hearing Sciences, University of Arizona
2022 (April)	Implementation Science IS For All: A CSD Practice-Research Exchange Conference [Virtual]
2021 (Sep.)	Grunewald Blitz Workshop – Lived Experience of Disability: Moving Beyond Diagnosis in Our Professions; Department of Speech, Language, and Hearing Sciences, University of Arizona [Virtual]
2021 (Nov.)	American Speech-Language-Hearing Association Convention, Washington, D.C. [Virtual]
2021 (Aug.)	Late Talker Workshop 2021, University of Warwick, England [Virtual]
2021 (June)	Symposium on Research in Child Language Development, Madison, WI [Virtual]
2021 (spring)	Computing for the Research Lab virtual graduate course, University of Arizona
2020 (Oct.)	Rethinking Educational Research During the COVID-19 Pandemic virtual workshop
2020 (Nov.)	Many Paths to Language (MPaL) virtual workshop
2017	Beginner and Intermediate R Workshop, Tucson, AZ
2017	Symposium on Research in Child Language Development, Madison, WI
2017	Arizona Speech-Language-Hearing Association Annual State Convention
2015	American Speech-Language-Hearing Association Convention, Denver, CO
2015, -16,	University of Arizona College of Science Teaching Assistant Training
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SCHOLARSHIPS, AWARDS, & HONORS (awarded)

2021	University of Arizona Speech, Language, and Hearing Sciences Student Travel Award
2021	Titans of the Field Scholarship, University of Arizona Speech, Language, and Hearing Sciences Dept.
2021	Symposium on Research in Child Language Disorders Student Award
2017-19, 2	021 Galileo Circle Scholarship, University of Arizona

2017	University of Arizona Speech, Language, and Hearing Sciences Student Travel Award
2017	Speech, Language, and Hearing Sciences Graduate Tuition Scholarship
2017	Grunewald Fellowship, University of Arizona Speech, Language, and Hearing Sciences Dept.
2012 – present	Phi Beta Kappa Honor Society
2012 – present	Psi Chi Honor Society

SCHOLARSHIPS & GRANTS (applied, not awarded)

2022	ASHFoundation New Century Scholars Doctoral Scholarship
2022	Philanthropic Educational Organization (P.E.O.) Scholar Award
2022	Council of Academic Programs in Communication Sciences and Disorders (CAPCSD) Ph.D. Scholarship
2022	Council of Academic Programs in Communication Sciences and Disorders (CAPCSD) Plural Publishing Scholarship
2021	Council of Academic Programs in Communication Sciences and Disorders (CAPCSD) Plural Publishing Scholarship
2017	University of Arizona Graduate and Professional Student Council Travel Grant
2017	ASHFoundation New Century Scholars Doctoral Scholarship

ACADEMIC SERVICE

ACADEMIC SEI	RVICE
Spring 2022 – present	Co-facilitator for PhD Brown Bag program in the Speech, Language, and Hearing Sciences Department at the University of Arizona.
Fall 2022	Co-Leader for development of community equity commitments in the Department of Speech, Language, and Hearing Sciences at the University of Arizona. Assisted Dr. Robin Samlan interface with graduate students and faculty to achieve agreed-upon equity commitments.
Fall 2020 – present	Grant reviewer for graduate student grant applications through the Graduate and Professional Student Council at the University of Arizona.
Summer 2021	Small Group Leader for the Undergraduate Biology Research Program (UBRP) at the University of Arizona. Co-mentored a group of 10 undergraduate students. Conducted biweekly seminars on professional development topics.
April 2021	Co-presenter for Department of Psychiatry graduate students at University of Arizona College of Medicine, Tucson, AZ
2021	Topic: Speech and Language Evaluations; Modality: Online, synchronous Manuscript reviewer under guidance of Dr. Leah Kapa for article submitted to Journal of Speech, Language, and Hearing Research ASHA journal.
Nov. 2019	Presenter for professional development for speech-language pathologists, Tucson Unified School District, Tucson, AZ Topic: <i>Principles of statistical learning;</i> Modality: In-person
2019	Manuscript reviewer under guidance of Dr. Leah Kapa for article submitted to <i>Language</i> , <i>Speech</i> , and <i>Hearing Sciences in Schools</i> ASHA journal.
2018	Manuscript reviewer under guidance of Dr. Mary Alt for article submitted to <i>Journal of Speech,</i> Language, and Hearing Research ASHA journal.
2017	Volunteer at Aphasia Booth, Science City at the Tucson Festival of Books, Tucson, AZ
2017	Session moderator and registration volunteer, Arizona Speech-Language-Hearing Association Annual Convention, Tucson, AZ
2017	Contributing writer on <i>Resources for Parents and Professionals</i> , University of Arizona Speech, Language, and Hearing Sciences Departmental Website (Mary Alt, PhD, CCC-SLP and Jennifer Casteix, MS, CCC-SLP)
2017	Tour guide for prospective graduate students, University of Arizona Speech, Language, and Hearing Sciences Department
Fall 2016	Mentor for Mentorship as Transition Clinician Helpers (MaTCH) program for first-year master's student clinicians in Speech, Language, and Hearing Clinics at University of Arizona.

CLINICAL EXPERIENCE

2017 – present	Supported operations of toddler language treatment research. Language, Learning, Literacy, and Lexicon (L4) Lab. Speech, Language, and Hearing Sciences Department, University of Arizona.
Summer 2021	Supported operations of preschool-age language treatment research. Plante Lab. Speech, Language, and Hearing Sciences Department, University of Arizona.
2019 – 2020	Clinical Fellow – Speech-Language Pathologist. Tucson Unified School District – Bonillas Traditional Magnet Elementary School and Bloom Elementary School.
Summer 2018	Graduate clinician. Talk MOORE Camp, University of Arizona.
Spring 2017	Graduate clinician. Quail Run Elementary School, Marana Unified School District.
Fall 2016	Graduate clinician. Tucson Unified School District – Borton Magnet Elementary School.
Summer 2016	Graduate clinician. Technology Access for Life Connections Camp, University of Arizona Speech, Language, and Hearing Clinics.
Spring 2016	Graduate clinician. Grunewald-Blitz Clinic for Communication Disorders in Children, University of Arizona Speech, Language, and Hearing Clinics.
Fall 2015	Graduate clinician. Clinic for Adult Communication Disorders, University of Arizona Speech, Language, and Hearing Clinics.

ORGANIZATIONS, PROFESSIONAL AFFILIATIONS, & OTHER WORK EXPERIENCE

August 2020 – present	Member of STudents for AntiRacism (STAR) student group at University of Arizona
Current	Certificate of Clinical Competence: American Speech Language and Hearing Association (ASHA)
Current	Speech-Language Pathology License: State of Arizona
2012 – 2013	Speech Data Quality Evaluator, Google (via Adecco), Los Angeles, CA

Supported the development of text-to-speech and speech recognition technologies. Transcribed and annotated of speech data. Performed quality checks and trained colleagues on new projects.